



The Barbara Eck Menning Founders Award

Alice D. Domar, PhD

Alice D. Domar, PhD, has been a pioneer in the field of stress and infertility. She created and founded the first mind/body program for infertility in 1987 and has subsequently trained hundreds of healthcare professionals to provide these programs to infertility patients throughout the U.S. and internationally. She was the recipient of two federal grants allowing her to explore the emotional impacts of infertility and the efficacy of psychological interventions in both reducing distress and increasing pregnancy rates. This work has been often quoted. She has published dozens of articles in peer-reviewed journals on the stress/infertility connection and frequently lectures on the topic to professional and lay audiences.

Dr. Domar was the Director of the first Mind/Body Center for Women's Health at the Mind/Body Medical Institute in Boston and founded the first Mind/Body Center at Boston IVF, where she is now the Executive Director of the Domar Center for Complementary Healthcare. She is also an assistant professor of Obstetrics, Gynecology, and Reproductive Biology at Harvard Medical School. She is an active member of the Mental Health Professional Group of the American Society for Reproductive Medicine, and the Mental Health Advisory Council at RESOLVE.

She is the author of four books, including the award winning *Conquering Infertility*. She is also now directing five funded research studies on topics including the impact of acupuncture on IVF success rates and the reasons why couples drop out of infertility treatment. She spends her professional time conducting research, teaching, seeing patients for individual or couples therapy, and lecturing.