

Mind/Body Open Evening

Your Questions Answered



Infertility and the prospect of fertility treatment presents many challenges – and many patients find it difficult to cope.

Our award-winning 10 week Mind/Body course programme addresses these issues and challenges and we run courses throughout the year.



On Thursday 21st August you can:

- **Visit** Bridge – one of the world's leading fertility and genetics centres.
- **Meet** Norah Harding – our Mind/Body Course Leader and other members of the Bridge team.
- **Learn** what a Mind/Body course involves and how it could work for you.
- **Experience** some of the techniques you can learn and take a simple but revealing stress test (only if you so wish).



This special Open Evening begins at 18:00 and will last approximately two hours. Light refreshments will be provided.



Admission is free and confers no obligation and Mind/Body courses are open to all – you do not have to be a Bridge patient to attend.



At 18:00 Norah Harding will give a presentation of the Mind/Body programme, followed by a Question and Answer session.

Call 020 7089 1449 or email to reserve your place.



Bridge

THE LONDON BRIDGE FERTILITY,
GYNAECOLOGY AND GENETICS CENTRE

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